



Pediatric Referral



WIC Agency: _____

WIC ID#: _____

SECTION I: Complete this section to assist the patient with WIC eligibility, WIC services, and appropriate referrals. Whenever a therapeutic formula is prescribed, complete both Sections I and II.

| | | | | | | |
|---|---|--|-----------------|--|--|--|
| PATIENT NAME: (First) _____ (Last) _____ | | DATE OF BIRTH: _____ | | | | |
| CURRENT HEIGHT/LENGTH: (within 60 days) _____ inches | CURRENT WEIGHT: (within 60 days) _____ lbs _____ oz | CURRENT BMI: (within 60 days) BMI percentile: _____ % | | | | |
| MEASUREMENT DATE: _____ | | BIRTH WEIGHT / LENGTH: _____ lbs _____ oz _____ inches | | | | |
| <p>HEMOGLOBIN OR HEMATOCRIT TEST is required <u>every 12 months</u> when normal and <u>every 6 months</u> when abnormal.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%;">Hemoglobin (gm/dl) or Hematocrit (%)</td> <td style="width:50%;">Lab Result Date</td> </tr> <tr> <td> </td> <td> </td> </tr> </table> | | Hemoglobin (gm/dl) or Hematocrit (%) | Lab Result Date | | | <p>LEAD TEST (recommended at 1–2 years of age): _____ mcg/dL</p> <p>IMMUNIZATIONS are up-to-date:</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not available</p> |
| Hemoglobin (gm/dl) or Hematocrit (%) | Lab Result Date | | | | | |
| | | | | | | |
| <p>BREASTFEEDING ASSESSMENT (birth to 12 months):</p> <p><input type="checkbox"/> Fully breastfeeding <input type="checkbox"/> Never breastfed <input type="checkbox"/> Feeding breastmilk & formula <input type="checkbox"/> Discontinued breastfeeding (Date: _____)</p> | | | | | | |

SECTION II: Complete ALL boxes below when therapeutic formula is prescribed. Incomplete information may delay issuance of WIC foods.

| <p>DIAGNOSIS:</p> <p><input type="checkbox"/> Prematurity <input type="checkbox"/> GERD or reflux <input type="checkbox"/> Food allergy: _____</p> <p><input type="checkbox"/> Failure to thrive <input type="checkbox"/> Dysphagia <input type="checkbox"/> Other: _____</p> <p>FORMULA / MEDICAL FOOD: _____</p> <p>DURATION: _____ months AMOUNT: _____ oz / day</p> <p>This prescription is: <input type="checkbox"/> New <input type="checkbox"/> Refill</p> <p>NOTE: At 1 year of age, the patient will receive 13 quarts of cow’s milk in addition to therapeutic formula unless <i>Do Not Give</i> is checked for cow’s milk (see WIC Food Restrictions).</p> <p>COMMENTS:</p> | <p>WIC FOOD RESTRICTIONS: The patient will receive WIC foods in addition to the formula prescribed. Please check all foods listed below that are NOT appropriate for the diagnosis.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th>Category</th> <th>WIC Foods</th> <th>Do Not Give</th> <th>Restriction / Comment</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Infants (6–12 mo)</td> <td>Baby cereal</td> <td></td> <td></td> </tr> <tr> <td>Baby fruit / vegetable</td> <td></td> <td></td> </tr> <tr> <td rowspan="10">Children (1–5 yr)</td> <td>Cow’s milk</td> <td></td> <td></td> </tr> <tr> <td>Cheese</td> <td></td> <td></td> </tr> <tr> <td>Eggs</td> <td></td> <td></td> </tr> <tr> <td>Peanut butter</td> <td></td> <td></td> </tr> <tr> <td>Whole grains *</td> <td></td> <td></td> </tr> <tr> <td>Cereal</td> <td></td> <td></td> </tr> <tr> <td>Beans</td> <td></td> <td></td> </tr> <tr> <td>Vegetables / fruits</td> <td></td> <td></td> </tr> <tr> <td>Juice</td> <td></td> <td></td> </tr> <tr> <td>Yogurt</td> <td></td> <td></td> </tr> </tbody> </table> <p>* whole wheat bread, corn/wheat tortilla, brown rice, barley, bulgur, or oatmeal</p> | Category | WIC Foods | Do Not Give | Restriction / Comment | Infants (6–12 mo) | Baby cereal | | | Baby fruit / vegetable | | | Children (1–5 yr) | Cow’s milk | | | Cheese | | | Eggs | | | Peanut butter | | | Whole grains * | | | Cereal | | | Beans | | | Vegetables / fruits | | | Juice | | | Yogurt | | |
|---|---|-------------|-----------------------|-------------|-----------------------|-------------------|-------------|--|--|------------------------|--|--|-------------------|------------|--|--|--------|--|--|------|--|--|---------------|--|--|----------------|--|--|--------|--|--|-------|--|--|---------------------|--|--|-------|--|--|--------|--|--|
| Category | WIC Foods | Do Not Give | Restriction / Comment | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Infants (6–12 mo) | Baby cereal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Baby fruit / vegetable | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Children (1–5 yr) | Cow’s milk | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Cheese | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Eggs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Peanut butter | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Whole grains * | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Cereal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Beans | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Vegetables / fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Juice | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Yogurt | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

HEALTH COVERAGE: Refer patient to their health plan or Medi-Cal for a medically necessary formula or medical food. WIC only provides these products when they are NOT a covered benefit by the patient’s health plan or by Medi-Cal.

| | | |
|---|--|---|
| <p>Provide patient’s health insurance information:</p> <p>Private insurance: _____</p> <p>Medi-Cal managed care: _____</p> <p>Other: _____</p> | <p>Check action taken:</p> <p><input type="checkbox"/> Submitted justification to health plan</p> <p><input type="checkbox"/> Submitted justification to pharmacist</p> | <p>If the patient requires a therapeutic formula and does NOT have health insurance, check ALL boxes below that apply:</p> <p><input type="checkbox"/> Gave formula samples</p> <p><input type="checkbox"/> Referred to Medi-Cal</p> <p><input type="checkbox"/> Referred to WIC</p> <p>QUESTIONS: Call 1-888-942-9675 or 1-800-852-5770. Health Professionals: Go to www.wicworks.ca.gov; click Health Care Professionals; then click WIC contacts for MDS.</p> |
| <p>Regular Medi-Cal (fee-for-service): <input type="checkbox"/> Yes <input type="checkbox"/> No</p> | | |

COMMENTS:

| | | |
|--------------------------|-------------------------------|---|
| HEALTH PROFESSIONAL NAME | HEALTH PROFESSIONAL SIGNATURE | MEDICAL OFFICE / CLINIC NAME AND LOCATION OR OFFICE STAMP |
| PHONE NUMBER | TODAY’S DATE | |

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